

- Beneath Mount Valmai near the village Voya Nui on the southern continent, which incidentally is the land directly above Karda Nui, the Great Beings hid the Mask of Life in case it was ever needed to save the life of the Great Spirit.
 - Karda Nui is Mata Nui's heart. Keep in mind that in the real world the story team chose the name *Karda* because it was based on the Greek root *cardia*, meaning "heart." The Mask of Life is like a defibrillator in case his life force dwindles.
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- The Great Beings founded Metru Nui as the northernmost island in the world.
 - Metru Nui is so far north because it is in the head of Mata Nui.
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- The power generated by Metru Nui's power plant in the Coliseum is siphoned off to other parts of the world, and other lands have come to depend on Metru Nui's productivity greatly.
 - The brain has domain over the body.
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- Metru Nui, in turn, is fed energy produced in Karda Nui. Karda Nui also provides energy to the rest of the universe as well.
 - The brain may be the head of the body, but the heart powers it.
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- Mata Nui is responsible for using his power to maintain essential forces in his universe such as heat, light, gravity, air, and other things the inhabitants need to survive.
 - If the universe his body, he would be the prime being responsible for these things. Body heat is familiar to us. But gravity? I talk about that later...
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- 80,000 years ago, the Barraki tried to defeat Mata Nui and seize power in the universe. Their plan was to conquer every corner of the world, key locations being Metru Nui and the southern continent (the area over Karda Nui). The Brotherhood of Makuta stopped them.
 - The Barraki would not have known what they were doing, supposedly, but their attack would have taken control of the brain and the heart, the only parts that were kept taboo from their rigid control, and thus posed a serious threat to the whole body.
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- 79,500 years ago, civil war broke out in Metru Nui. For 400 years, the Matoran weren't doing their jobs, and Mata Nui became sick. The Makuta put an end to the war 79,100 years ago. This was the Great Disruption. Just afterward, Jovan and company had to use the Mask of Life to bring Mata Nui back to full health.
 - An example of the effects of staggered brain function.
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- 1,300 years ago, Teridax began the attack on Mata Nui, using a specially-crafted virus to bring him down. Although no one knew where Mata Nui's physical form was, Teridax successfully infected Mata Nui by unleashing the virus to sweep the whole universe. At this time, the Visorak started ravaging various lands of the Matoran universe. Mata Nui noticed the attack only when it was too late. When Mata Nui started dying in recent storyline, it became apparent that the Makuta's attack had been on the more powerful side.
 - Teridax's virus was so powerful because it didn't just hit Mata Nui's body, it hit his entire body. The Visorak, incidentally, were ravaging lands in his body, not good for his health.
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- 1,000 years ago, Makuta successfully put all of the Matoran of Metru Nui into stasis pods. Immediately afterward, Mata Nui finally succumbed to the Makuta's attack.
 - During the Great Disruption, Matoran were still active in the city, if geared toward kicking each other's Kanohi. It still did a number on his physical state, however. When Teridax sealed away the Matoran, they weren't active at all. That time, Mata Nui's brain activity shut down, and he went comatose.
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- The Great Cataclysm affected the entirety of the Matoran universe, causing quakes everywhere. I believe it has been said that presently Mata Nui is in a different position from where he is normally.
 - Okay, this idea is new: Let's suppose Mata Nui/the universe, at his normal state, stands upright, on his feet, in the ocean. It is known that Mata Nui is virtually omnipotent in his own universe and that one of his duties is to maintain gravity. If he stands upright, he can still make gravity work downward with his power. Now, suppose that when Mata Nui was attacked, the attack caused him to fall. Makuta timed the fall with his giant sundial. The Great Cataclysm was the event of Mata Nui's hitting the ground, rattling his whole body and the universe inside it.
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- If Mata Nui were ever to be awakened again, certain things caused by the Great Cataclysm would need to be undone. The Matoran would need to repopulate Metru Nui and resume work, Voya Nui would need to be restored to its original location, and all of the Toa Nuva's tasks from Gali Nuva's Blog would need to be fulfilled as well, including using the Staff of Artakha to repair all of the damage done by the Cataclysm.
 - It's all about getting Mata Nui's brain back in order, repairing Mata Nui's body to full health, and, finally, jump-starting his heart. That last act, according to the Ignika story arc's tagline, is Ignition.